

EVENTS AT A GLANCE

One Day Anger Management Workshop (Mississauga) March 13, 2010

When: Saturday

Where: 100 Matheson Blvd East, #204. Mississauga Ontario

Cost: \$250.00/ session + manual+ GST. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

*What: **Adult Management Workshop:*** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure.

Demographics- Open

Conditions- client enrollment

Members will be required to attend for the entire 8 hour session in order to receive certificate or letter of completion.

One Day Anger Management Workshop (Toronto) March 27, 2010

When: Saturday

Where: 717 Bloor St West Ontario

Cost: \$250.00/ session + manual+ GST. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

*What: **Adult Management Workshop:*** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure.

Demographics- Open

Conditions- client enrollment

Members will be required to attend for the entire 8 hour session in order to receive certificate or letter of completion.

Adult Anger Management Group (Bradford)

When: Wednesdays 7-8:30pm (subject to change)

Where: 3080 Yonge St, Bradford Ontario

Cost: \$40/ session. Letter and certificate provided

Contact: Pamela Covert Slater, (905)-290-2764

*What: **Adult Management Group:*** This group is designed to provide adults clients with ideas they can use to help manage their anger. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure. Clients will also address the use of alcohol and drugs and how this interacts with anger.

Demographics- Open

Conditions- client enrollment

Members of the group will need to complete 8 group sessions within an 8-10 week period. They are only allowed 2 absences or will be subject to termination from group. Group is open to adolescents.

Adolescent Anger Management Group “Work it Out” (Mississauga)

When: Wednesday, January 6, 2010 from 7-8:30pm

Where: 100 Matheson Blvd East, #204. Mississauga Ontario

Cost: \$40/ session. Letter and certificate provided

Contact: Elsa Al-Attar (905)-290-2764

What: **Adolescent Anger Management Group:** This group is designed to provide adolescent clients with ideas they can use to help manage their anger. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure. Clients will also address the use of alcohol and drugs and how this interacts with anger.

Demographics- 12-17

Conditions- Parental permission, client enrollment

Members of the group will need to complete 8 group sessions within an 8-10 week period. They are only allowed two absences or will be subject to termination from group.

Adult Anger Management Group (Mississauga)

When: Fridays 7-8:30 pm

Where: 100 Matheson Blvd East, #204. Mississauga Ontario

Cost: \$40/ session. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

What: **Adult Management Group:** This group is designed to provide adults clients with ideas they can use to help manage their anger. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure. Clients will also address the use of alcohol and drugs and how this interacts with anger.

Demographics- Open

Conditions- client enrollment

Members of the group will need to complete 8 group sessions within an 8-10 week period. They are only allowed 2 absences or will be subject to termination from group. Group is open to adolescents.

Anger Management for Men Only (Toronto)

When: Fridays 7-8:30 pm

Where: Fridays

Cost: \$40/ session. Letter and certificate provided

Contact: Nigel Turner (905)-290-2764

What: **Adult Management Group:** This group is designed to provide adults clients with ideas they can use to help manage their anger. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure. Clients will also address the use of alcohol and drugs and how this interacts with anger.

Demographics- Open

Conditions- client enrollment

Members of the group will need to complete 8 group sessions within an 8-10 week period. They are only allowed 2 absences or will be subject to termination from group. Group is open to adolescents.